




# PMEX UPDATE


BUY	
	<b>CRUDE10-SE25</b>
66.34	1.81%
Expiry	19/Aug/25
Remaining	22 Days
Entry	66.05 - 66.12
Stoploss	65.59
Take Profit	66.54 - 66.74


BUY	
	<b>NGAS1K-SE25</b>
3.1610	0.09%
Expiry	26/Aug/25
Remaining	29 Days
Entry	3.143 - 3.146
Stoploss	3.09
Take Profit	3.186 - 3.228


SELL	
	<b>GO10Z-DE25</b>
3,391.42	-0.03%
Expiry	25/Nov/25
Remaining	120 Days
Entry	3385 - 3384
Stoploss	3400.01
Take Profit	3378 - 3370


SELL	
	<b>SL10-SE25</b>
38.25	-0.29%
Expiry	27/Aug/25
Remaining	30 Days
Entry	38.587 - 38.517
Stoploss	38.81
Take Profit	38.225 - 38.12


BUY	
	<b>PLATINUM5-OC25</b>
1,459.65	2.59%
Expiry	26/Sep/25
Remaining	60 Days
Entry	1050 - 1051
Stoploss	1042.71
Take Profit	1058 - 1062


SELL	
	<b>COPPER-SE25</b>
5.7813	-0.06%
Expiry	27/Aug/25
Remaining	30 Days
Entry	5.833 - 5.8263
Stoploss	5.87
Take Profit	5.8028 - 5.7709


SELL	
	<b>ICOTTON-DE25</b>
68.31	0.12%
Expiry	19/Nov/25
Remaining	114 Days
Entry	68.62 - 68.56
Stoploss	68.80
Take Profit	68.38 - 68.22

BUY	
	<b>DJ-SE24</b>
45,109	0.06%
Expiry	18/Sep/25
Remaining	52 Days
Entry	44977 - 45004
Stoploss	44833.87
Take Profit	45070 - 45158

BUY	
	<b>SP500-SE24</b>
6,437	0.18%
Expiry	18/Sep/25
Remaining	52 Days
Entry	6415 - 6419
Stoploss	6392.62
Take Profit	6431 - 6440

BUY	
	<b>NSDQ100-SE24</b>
23,502	0.34%
Expiry	18/Sep/25
Remaining	52 Days
Entry	23449 - 23462
Stoploss	23343.58
Take Profit	23517 - 23544

BUY	
	<b>GOLDUSDJPY-SE25</b>
148.09	0.28%
Expiry	27/Aug/25
Remaining	30 Days
Entry	147.57 - 147.64
Stoploss	147.23
Take Profit	147.86 - 147.99

SELL	
	<b>GOLDEURUSD-SE25</b>
1.1658	-0.72%
Expiry	27/Aug/25
Remaining	30 Days
Entry	1.1689 - 1.1684
Stoploss	1.171
Take Profit	1.1667 - 1.1651

# PMEX UPDATE

## Major Headlines

**Oil rises after US-EU trade deal**  
Oil prices rose on Monday as investors assessed a trade deal between the United States and the European Union that averted 30% tariffs on most EU goods. Brent crude futures were up 76 cents, or 1.1%, to \$69.20 a barrel by 1028 GMT, while U.S. West Texas Intermediate crude stood at \$65.90 a barrel, up 74 cents, or 1.1%. The U.S.-European Union trade deal and a possible extension of the U.S.-China tariff pause are supporting global financial markets and oil prices, IG markets analyst Tony Sycamore said. [see more...](#)

**Gold prices steady after losses as U.S.-EU trade deal**  
Gold prices steadied Monday following three consecutive days of declines, as a new trade deal between the United States and the European Union lifted risk appetite and curbed demand for the safe-haven asset. Traders also exercised caution ahead of the Federal Reserve interest rate decision due this week. At 04:50 ET (08:50 GMT), spot gold edged down 0.1% to \$3,334.05 an ounce and gold futures also dropped 0.1% to \$3,390.05/oz. [see more...](#)

**Japanese Yen adds to intraday losses; USD/JPY jumps to 148.30**  
U.S. stocks were higher after the close on Friday, as gains in the Basic Materials, Industrials and Consumer Goods sectors led shares higher. At the close in NYSE, the Dow Jones Industrial Average gained 0.47%, while the S&P 500 index added 0.40%, and the NASDAQ Composite index climbed 0.24%. The best performers of the session on the Dow Jones Industrial Average were Goldman Sachs Group Inc (NYSE:GS), which rose 1.36% or 9.80 points to trade at 728.98 at the close. Meanwhile, McDonald's Corporation [see more...](#)

**USD/JPY rises further and approaches 148.00 as the US Dollar**  
The Japanese Yen (JPY) continues to lose ground against a broadly stronger US Dollar (USD) and pushes the USD/JPY pair to a fresh one-week top, around the 148.30 area during the early European session on Monday. The latest optimism over a trade deal between the US and the European Union (EU) remains supportive of the upbeat market mood and is seen undermining the safe-haven JPY. Apart from this, reduced bets for an immediate interest rate hike by the Bank of Japan (BoJ), amid signs of easing inflation in Japan and domesti. [see more...](#)

**EUR/USD dives after the EU-US trade deal with investors eyeing**  
It was buy the rumour, sell the fact for the EUR/USD pair, which accelerated its reversal from last week's lows on Monday's Early European session. News that the European Union (EU) finally signed a trade agreement with the United States (US) has failed to provide any significant support to the Euro (EUR), while the US Dollar (USD) extends its recovery as investors brace for a hawkish Fed stance. The common currency has dropped beyond 100 pips so far on Monday and is on track for its worst daily performance in months. [see more...](#)

**US Dollar Index hovers near 97.50 as traders await US-China**  
The US Dollar Index (DXY), which measures the value of the US Dollar (USD) against six major currencies, is holding ground for the third successive session and trading around 97.60 during the Asian hours on Monday. The Greenback gains ground as traders adopt caution ahead of a meeting between US Treasury Secretary Scott Bessent and Chinese Vice Premier He Lifeng due later in the day in Stockholm. Traders look for fresh developments on the US-China trade talks. US Treasury Secretary Scott Bessent and Chinese Vice Premier [see more...](#)

## Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
No events scheduled for today							

# FOREX MARKETS' STATISTICS

Forex Market Hours



Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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## DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 282.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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