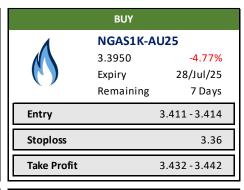
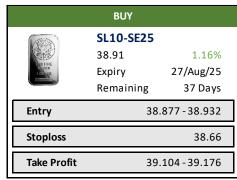
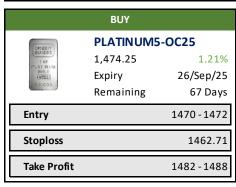
PMEX UPDATE



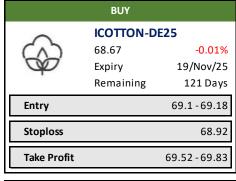


	BUY		
18 17 17 17 18 18 18 18 18 18 18 18 18 18 18 18 18	GO10Z-AU25		
OF All III	3,383.22	0.74%	
	Expiry	29/Jul/25	
	Remaining	8 Days	
Entry		3377 - 3378	
Stoploss		3361.99	
Take Profit		3386 - 3390	



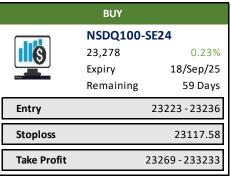






	BUY	
	DJ-SE24	
8	44,633	0.21%
	Expiry	18/Sep/25
	Remaining	59 Days
Entry		44522 - 44543
Stoploss		44378.87
Take Profit		44609 - 44688

	BUY	
	SP500-SE24	
	6,349	0.22%
	Expiry	18/Sep/25
	Remaining	59 Days
Entry		6343 - 6345
Stoploss		6320.62
Take Profit		6356 - 6365



	SELL		
øster.	GOLDUSDJPY-AU25		
	147.55	-0.86%	
	Expiry	29/Jul/25	
	Remaining	8 Days	
Entry		147.62 - 147.56	
Stoploss		147.96	
Take Profit		147.28 - 147.11	

BUY			
	GOLDEURUSD-AU25		
	1.1668	0.36%	
** 2000	Expiry	29/Jul/25	
_	Remaining	8 Days	
Entry	1.	1656 - 1.1661	
Stoploss		1.163	
Take Profit	1.	1676 - 1.1688	

Abbasiand Company (Private) Limited

PMEX UPDATE



Major Headlines

sanctions against Russia over the war in Ukraine see more...

Gold prices rise amid uncertainty over U.S. trade negotiations Gold prices rose slightly in European trade on Monday, taking some support from haven demand fueled by persistent uncertainty over elevated U.S. tariffs set to take effect in the coming weeks. A mild pullback in the dollar, after a two-week ascent, also helped spur some gains in metal markets, although gold remained squarely in a \$200 trading range seen since at least April. Spot gold ticked higher by 0.5% to \$3,365.49 an ounce, see more...

Oil prices edge down on expected minimal sanctions impact. Wall St futures rise on trade hope; earnings kick into high gear. EUR/USD crawls higher as the US Dollar softens amid a ahead of President Donald Trump's August 1 tariff see more... USD/JPY: Watch post-election responses – OCBC US Dollar Index (DXY) dips further and nears 98.00 on risk

Bullish momentum on daily chart intact but there are signs that RSI is turning lower near overbought conditions. Support at 147.15 (38.2% fibo), 146.20 levels. Resistance at 149.40/70 levels (200 DMA, 50% fibo retracement of 2025 high to low). set to marginally lose the majority. Vote count shows ruling coalition losing Upper House majority with 122 seats while majority).see more...

Oil prices dipped slightly on Monday, with the latest European Wall Street futures edged higher on Monday, buoyed by The EUR/USD pair is showing moderate gains in the early sanctions on Russian oil expected to have minimal impact on prospects of trade deals between the U.S. and its key partners, European morning session on Monday as the US Dollar loses supplies while U.S. tariffs ensure demand concerns remain, while the earnings season picked up pace with several ground, weighed by a mild risk appetite and lower US Treasury Brent crude futures dropped 38 cents, or 0.55%, to \$68.90 a industrial and tech firms set to report this week. Futures yields.. A European Central Bank, (ECB) survey on finance barrel by 0925 GMT after settling 0.35% down on Friday. U.S. tracking the S&P 500 rose 16.5 points, or 0.26% at 5:51 a.m. observes an optimistic view on the economy among European West Texas Intermediate crude declined 30 cents, or 0.45%, to ET, and Nasdag 100 e-minis climbed 65 points, or 0.28%, businesses but warns about trade uncertainty. The Euro trades \$67.04 after a 0.3% decline in the previous session. The hovering near all-time highs hit last week. Dow e-minis rose around 1.1645 at the time of writing, and extends gains from European Union on Friday approved the 18th package of 110 points, or 0.25%. Investors scoured for more trade deals last week's lows at 1.1555. The broader Euro-Dollar (USD) trend, however, remains bearish after a two-week see more...

> The US Dollar extends Friday's reversal on Monday's European morning session. A moderate risk appetite in the absence of key fundamental releases and the lower US Treasury yields are acting as headwinds for the US Dollar. In Europe, An ECB Upper House election results showed LDP-Komeito coalition is Survey on Access to Finance of Enterprises revealed that European firms are optimistic about the economic outlook, although concerned about the potential impact of Trump's opposition party won 125 seats (125 seats needed for a simple tariffs. The Euro nudged higher following the release of the survey, increasing pressure on the USD. see more...

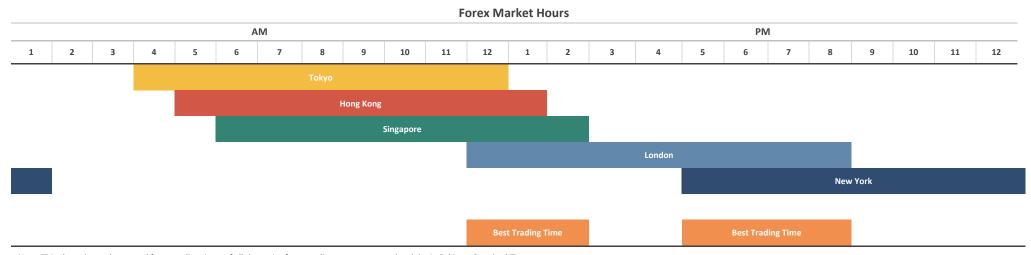
Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
			No event scheduled for today				

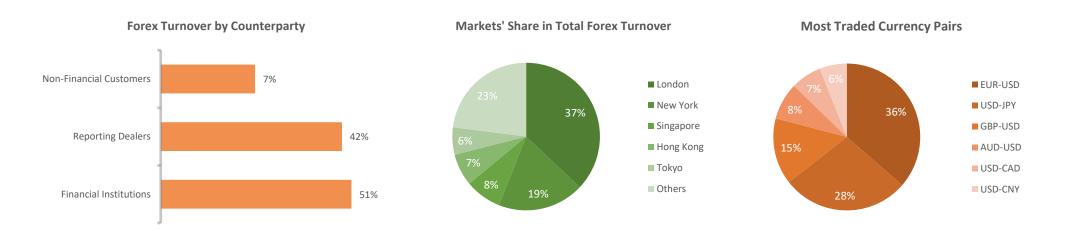
Abbasiand Company (Private) Limited

FOREX MARKETS' STATISTICS





Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

Abbasiand Company (Private) Limited

DISCLAIMER

This report has been prepared by Abbasi and Company (Private) Limited and is provided for information purposes only. Abbasi and Company (Private) Limited (ACPL) is engaged in brokerage business of commodities futures in Pakistan and to provide the trading/ execution facility on Pakistan Mercantile Exchange (PMEX). There is risk of loss in trading in derivatives (futures). The author, directors and other employees of Abbasi and Company (Private) Limited and its affiliates cannot be held responsible for any loss in trading. Futures; futures on margin carries a high level of risk and may not be suitable for all investors. The high degree of leverage can work against the investor/ traders. Before deciding to invest in Commodity derivatives, you should carefully consider your investment objectives, level of experience, and risk appetite. The possibility exists that you could sustain a loss of some or all of your initial investment and therefore you should not invest money that you cannot afford to lose. You should be aware of all the risks associated with futures trading in commodities and other financial products. We take no responsibility for any loss made in investment on any instruments through us. In any event Abbasi and Company (Private) Limited, its affiliates, agents will not be liable to anyone for any loss made or action taken for investment/ trading. Abbasi and Company (Private) Limited, its affiliates, directors and employees cannot be held responsible for any loss in trading due to any problem in connectivity; failure of system; technical problem in the software or any other reason whatever.

All the reports/ recommendations/ trading calls/ opinions are advisory in nature and contains the opinions of the author, which are not to be construed as investment advices. The author, directors and other employees of Abbasi and Company (Private) Limited and its affiliates cannot be held responsible for the accuracy of the information presented herein or for the results of the positions taken based on the opinion

Derivatives trading involve substantial risk. The valuation of the underlying may fluctuate, and as a result, clients may lose their entire original investment. In no event should the content of this research report be construed as an express or an implied promise, guarantee or implication by, or from, Abbasi and Company (Private) Limited that you will profit or that losses can, or will be, limited in any manner whatsoever. Past results are no indication of future performance. The information provided in this report is intended solely for informative purposes and is obtained from sources believed to be reliable. Information is in no way guaranteed. No guarantee of any kind is implied or possible where projections of future conditions are attempted. Investments in securities market are subject to market risks, read all the related documents carefully before investing.

All rights reserved by Abbasi and Company (Private) Limited. This report or any portion hereof may not be reproduced, distributed, or published by any person for any purpose whatsoever. Nor can it be sent to a third party without prior consent of Abbasi and Company (Private) Limited. Action could be taken for unauthorized reproduction, distribution, or publication.

The research analyst, primarily involved in the preparation of this report, certifies that (1) the views expressed in this report accurately reflect his/her personal views about the subject commodity/index /currency pair and (2) no part of his/her compensation was, is or will be directly or indirectly related to the specific recommendations or views expressed in this report.

DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 282.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

RESEARCH DISSEMINATION POLICY

Abbasi & Company (Private) Limited endeavors to make all reasonable efforts to disseminate research to all eligible clients in a timely manner through either physical or electronic distribution such as email, fax mail etc. Nevertheless, all clients may not receive the material at the same time.

PREPARED BY

Muhammad Rashid Nawaz Phone: (+92) 42 38302028 Evt: 118

Email: umairjaved@abbasiandcompany.com

RESEARCH DEPARTMENT

6 - Shadman, Lahore Phone: (+92) 42 38302028; Ext: 116, 117 Email: research@abbasiandcompany.com web: www.abbasiandcompany.com

HEAD OFFICE

6 - Shadman, Lahore Phone: (+92) 42 38302028 Email: support@abbasiandcompany.com web: www.abbasiandcompany.com