




PMEX UPDATE


| BUY | |
|---|---------------------|
|  | CRUDE10-AU25 |
| 73.41 | 0.19% |
| Expiry | 21/Jul/25 |
| Remaining | 32 Days |
| Entry | 74.17 - 74.33 |
| Stoploss | 73.70 |
| Take Profit | 74.88 - 75.18 |


| SELL | |
|---|--------------------|
|  | NGAS1K-JY25 |
| 3.9030 | 1.35% |
| Expiry | 25/Jun/25 |
| Remaining | 6 Days |
| Entry | 3.949 - 3.942 |
| Stoploss | 4.00 |
| Take Profit | 3.897 - 3.878 |


| SELL | |
|---|-------------------|
|  | GO10Z-AU25 |
| 3,402.10 | -0.14% |
| Expiry | 29/Jul/25 |
| Remaining | 40 Days |
| Entry | 3384 - 3382 |
| Stoploss | 3399.08 |
| Take Profit | 3373 - 3367 |


| SELL | |
|---|------------------|
|  | SL10-JY25 |
| 37.22 | 0.18% |
| Expiry | 26/Jun/25 |
| Remaining | 7 Days |
| Entry | 36.538 - 36.474 |
| Stoploss | 36.76 |
| Take Profit | 36.243 - 36.064 |


| SELL | |
|---|-----------------------|
|  | PLATINUM5-JY25 |
| 1,283.50 | 1.73% |
| Expiry | 25/Jun/25 |
| Remaining | 6 Days |
| Entry | 1284 - 1282 |
| Stoploss | 1291.32 |
| Take Profit | 1273 - 1271 |


| SELL | |
|---|--------------------|
|  | COPPER-JY25 |
| 4.8430 | 0.71% |
| Expiry | 26/Jun/25 |
| Remaining | 7 Days |
| Entry | 4.8247 - 4.8228 |
| Stoploss | 4.86 |
| Take Profit | 4.8007 - 4.7906 |


| SELL | |
|---|---------------------|
|  | ICOTTON-JY25 |
| 64.66 | -0.60% |
| Expiry | 20/Jun/25 |
| Remaining | 1 Days |
| Entry | 64.82 - 64.76 |
| Stoploss | 65.00 |
| Take Profit | 64.51 - 64.34 |

| SELL | |
|---|----------------|
|  | DJ-SE24 |
| 42,614 | 0.14% |
| Expiry | 18/Sep/25 |
| Remaining | 91 Days |
| Entry | 42451 - 42409 |
| Stoploss | 42594.83 |
| Take Profit | 42333 - 42219 |

| SELL | |
|---|-------------------|
|  | SP500-SE24 |
| 6,050 | 0.19% |
| Expiry | 18/Sep/25 |
| Remaining | 91 Days |
| Entry | 6008 - 6006 |
| Stoploss | 6030.49 |
| Take Profit | 5981 - 5967 |

| SELL | |
|---|---------------------|
|  | NSDQ100-SE24 |
| 22,014 | 0.26% |
| Expiry | 18/Sep/25 |
| Remaining | 91 Days |
| Entry | 21846 - 21826 |
| Stoploss | 21951.94 |
| Take Profit | 21741 - 21708 |

| BUY | |
|---|------------------------|
|  | GOLDUSDJPY-JY25 |
| 144.83 | -0.28% |
| Expiry | 26/Jun/25 |
| Remaining | 7 Days |
| Entry | 145.48 - 145.51 |
| Stoploss | 145.15 |
| Take Profit | 145.75 - 145.88 |

| BUY | |
|---|------------------------|
|  | GOLDEURUSD-JY25 |
| 1.1509 | 0.20% |
| Expiry | 26/Jun/25 |
| Remaining | 7 Days |
| Entry | 1.1475 - 1.1466 |
| Stoploss | 1.145 |
| Take Profit | 1.1447 - 1.1431 |

Major Headlines

Oil prices rise as Israel-Iran conflict enters seventh day Wall St futures fall as US reportedly prepares for potential strike EUR/USD attempts to come back from lows weighed

Oil prices rose on Thursday after Israel and Iran continued to exchange missile attacks overnight and U.S. President Donald Trump’s stance on the conflict kept investors on edge. Brent crude futures rose 36 cents, or 0.5%, to \$77.06 a barrel by 0913 GMT. U.S. West Texas Intermediate crude for July was up 54 cents, or 0.7%, at \$75.68. Brent had surged to its highest in nearly five months at \$78.50 on June 13, when Israel began its attacks. The conflict entered its seventh day [see more...](#)

Gold Under Pressure After Fed Leaves Rates Unchanged
Gold prices (XAU/USD) fell towards \$3,370 on Wednesday after Federal Reserve (Fed) Chairman Jerome Powell made dovish statements. As expected, the Federal Open Market Committee (FOMC) left the benchmark fed funds rate unchanged at 4.25–4.5% while acknowledging that economic uncertainty has somewhat eased but remains elevated. Notably, the committee dropped previous remarks of a rising risk of both higher unemployment and inflation. [see more...](#)

U.S. stock futures fell on Wednesday evening after a Bloomberg report stated that senior officials were preparing for a potential strike on Iran in the coming days. Major stock indexes closed largely flat on Wednesday as the Federal Reserve held interest rates steady and warned of higher inflation. U.S. markets will be closed on Thursday for the Juneteenth holiday and will return to regular trading on Friday. S&P 500 Futures fell 0.4% to 6,012.0 points. [see more...](#)
USD/JPY Price Forecast: Bulls are testing 145.35
The US Dollar is faring better than the Japanese Yen in the current risk-averse scenario, with geopolitical concerns driving markets, which keeps the USD/JPY trending higher, with bulls testing resistance at the 145.35 level. Investors' fears of an escalation of the Middle East conflict have been boosted by Trump’s ambiguous comments on Wednesday and a Bloomberg report suggesting that US Senior officials would be preparing for a strike on Iran, which would probably take place [see more...](#)

The EUR/USD pair has bounced up from weekly lows at 1.1445 on Thursday and is trading at 1.1475 at the moment of writing, practically flat on daily charts. Fears of an escalation of the Israel-Iran war into a regional conflict are dampening risk appetite and weighing on the Euro in favor of safe assets such as the US Dollar. US President Donald Trump stole the Federal Reserve's (Fed) spotlight on Wednesday, leaving the world guessing whether the US may join Israel [see more...](#)
US Dollar Index (DXY) crawls beyond 98.00 supported by risk
The Dollar has recovered its safe-haven status amid fears that the Middle East conflict escalates into a regional war with the US intervention. The US Dollar Index (DXY), which measures the value of the Greenback against the world’s most traded currencies, extended gains for the fourth consecutive day, hitting session lows at 98.70 before pulling lower. US President Trump left the world wondering whether the US will join Israel in its war against Iran, with an ambiguous message. [see more...](#)

Economic Calendar

| Event | Date | Time | Currency | Importance | Actual | Forecast | Previous |
|------------------------------------|------|------|----------|------------|--------|----------|----------|
| Holiday United States - Juneteenth | | | | | | | |

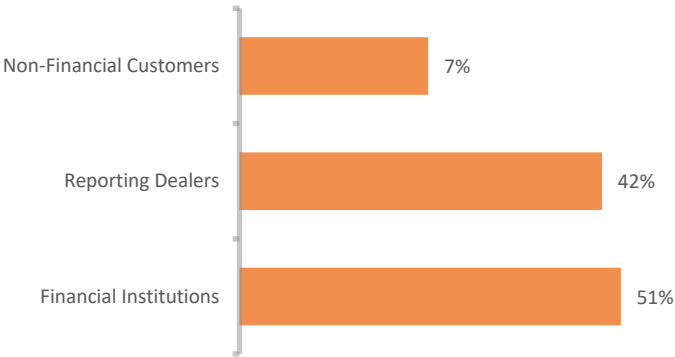
FOREX MARKETS' STATISTICS

Forex Market Hours

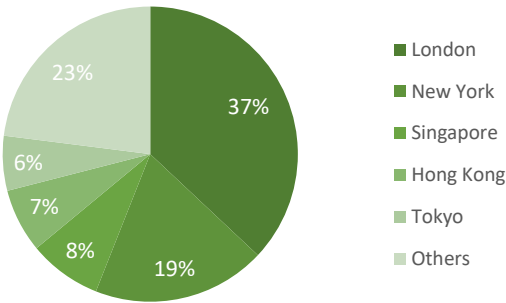


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

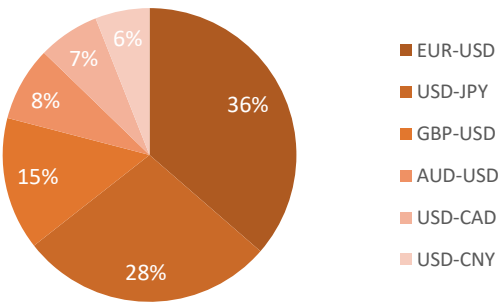
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 282.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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