

PMEX UPDATE

SELL  CRUDE10-JY25 70.45 -1.18% Expiry 19/Jun/25 Remaining 3 Days Entry 71.41 - 71.24 Stoploss 71.88 Take Profit 70.82 - 70.56	BUY  NGAS1K-JY25 3.6990 3.30% Expiry 25/Jun/25 Remaining 9 Days Entry 3.722 - 3.726 Stoploss 3.67 Take Profit 3.761 - 3.791	BUY  GO10Z-AU25 3,435.15 -0.51% Expiry 29/Jul/25 Remaining 43 Days Entry 3441 - 3442 Stoploss 3425.89 Take Profit 3450 - 3455	BUY  SL10-JY25 36.43 0.21% Expiry 26/Jun/25 Remaining 10 Days Entry 36.608 - 36.647 Stoploss 36.39 Take Profit 36.772 - 36.919
SELL  PLATINUM5-JY25 1,252.60 3.36% Expiry 25/Jun/25 Remaining 9 Days Entry 1266 - 1264 Stoploss 1273.34 Take Profit 1254 - 1248	SELL  COPPER-JY25 4.8302 0.33% Expiry 26/Jun/25 Remaining 10 Days Entry 4.7899 - 4.7864 Stoploss 4.83 Take Profit 4.7507 - 4.7293	SELL  ICOTTON-JY25 65.43 0.11% Expiry 20/Jun/25 Remaining 4 Days Entry 65.35 - 65.32 Stoploss 65.54 Take Profit 65.14 - 64.8	BUY  DJ-JU24 42,772 0.59% Expiry 19/Jun/25 Remaining 3 Days Entry 42764 - 42772 Stoploss 42619.86 Take Profit 42881 - 42966
BUY  SP500-JU24 6,071 0.65% Expiry 19/Jun/25 Remaining 3 Days Entry 6066 - 6068 Stoploss 6043.46 Take Profit 6084 - 6092	BUY  NSDQ100-JU24 22,029 0.77% Expiry 19/Jun/25 Remaining 3 Days Entry 22009 - 22019 Stoploss 21902.83 Take Profit 22095 - 22128	SELL  GOLDUSDJPY-JY25 144.17 0.05% Expiry 26/Jun/25 Remaining 10 Days Entry 143.88 - 143.85 Stoploss 144.21 Take Profit 143.67 - 143.54	BUY  GOLDEURUSD-JY25 1.1574 0.18% Expiry 26/Jun/25 Remaining 10 Days Entry 1.1544 - 1.1548 Stoploss 1.152 Take Profit 1.1562 - 1.1572

Major Headlines

Crude markets stabilize as Israel-Iran conflict doesn't impair oil U.S. stock futures rebound despite Israel-Iran jitters; Fed EUR/USD draws closer to YTD highs amid an improved market

Oil prices edged down on Monday, after surging 7% on Friday, as renewed military strikes by Israel and Iran over the weekend left oil production and export facilities unaffected. Brent futures were down 58 cents, or 0.8%, to \$73.65 a barrel by 0900 GMT, while U.S. WTI futures were off 51 cents or 0.7%, to \$72.47. Both benchmarks jumped more than \$4 a barrel in Asian trading before giving back gains. They settled 7% higher on Friday, having surged more than 13% [see more...](#)

Gold Hits Record Highs as Risk Aversion Dominates Market
The ongoing conflict between Israel and Iran has escalated, prompting fears of a broader geopolitical fallout in the region. This environment is driving capital into defensive assets, such as gold, as risk appetite continues to wane. Meanwhile, markets are shifting their attention to this week's US Federal Reserve meeting, which begins on Tuesday and concludes on Wednesday evening. While the Fed is expected to hold interest rates steady, investors will closely watch [see more...](#)

U.S. stock index futures edged higher Monday, attempting to recover some ground the previous week's sharp losses and ahead of a Federal Reserve interest rate decision later in the week. At 05:25 ET (09:25 GMT), Dow Jones Futures rose 145 points, or 0.4%, S&P 500 Futures gained 27 points, or 0.5%, and Nasdaq 100 Futures climbed 113 points, or 0.5%. The main averages on Wall Street sank on Friday following a bout of airstrikes between Israel and Iran, raising tensions [see more...](#)

USD/JPY gives back early gains ahead of BoJ-Fed monetary
This week, the major triggers for the pair will be monetary policy announcements by the Bank of Japan (BoJ) on Tuesday and the Federal Reserve (Fed) on Wednesday, respectively. The BoJ is expected to leave interest rates steady at 0.5% as officials have expressed growth concerns amid global uncertainty due to trade war risk stemming from the tariff policy imposed by United States (US) President Donald Trump. Simultaneously, the Fed is also expected to hold borrowing rates steady in the current range of 4.25%-4.50% [see more...](#)

The EUR/USD pair retraced on Monday most of the ground lost on Friday, following Israel's attack on Iran. The pair has returned to levels above 1.1580 from Friday's lows at 1.1490 as the market gauges the impact of the Middle East conflict. Israel and Iran have continued shelling each other over the weekend. Still, so far, the tensions have not spread throughout the region and Iran has not threatened to block the Strait of Hormuz, a strategic path for Oil traffic [see more...](#)

US Dollar Index (DXY) retreats below 98.00
Friday's US dollar recovery has been short-lived. The US Dollar Index, which measures the value of the Dollar against a basket of the most traded currencies, depreciates 0.3%, approaching the three-year lows, at 97.55 hit last week. An improved market sentiment with investors gauging the impact of the Iran-Israel war after four days of attacks, has undermined demand for safe assets. The war has not spread to other countries as of yet, and the international pressures [see more...](#)

Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
No event scheduled for today							

FOREX MARKETS' STATISTICS

Forex Market Hours



Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 282.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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PREPARED BY

Muhammad Rashid Nawaz
Phone: (+92) 42 38302028
Ext: 118
Email: umairjaved@abbasiandcompany.com

RESEARCH DEPARTMENT

6 - Shadman, Lahore
Phone: (+92) 42 38302028; Ext: 116, 117
Email: research@abbasiandcompany.com
web: www.abbasiandcompany.com

HEAD OFFICE

6 - Shadman, Lahore
Phone: (+92) 42 38302028
Email: support@abbasiandcompany.com
web: www.abbasiandcompany.com