

PMEX UPDATE

<div>SELL</div> <div>  CRUDE10-SE25 64.21 0.52% Expiry 19/Aug/25 Remaining 8 Days </div> <div>Entry 63.98 - 63.88</div> <div>Stoploss 64.45</div> <div>Take Profit 63.47 - 63.12</div>	<div>SELL</div> <div>  NGAS1K-SE25 2.9590 -1.04% Expiry 26/Aug/25 Remaining 15 Days </div> <div>Entry 2.931 - 2.926</div> <div>Stoploss 2.98</div> <div>Take Profit 2.907 - 2.882</div>	<div>SELL</div> <div>  GO10Z-DE25 3,406.75 -2.42% Expiry 25/Nov/25 Remaining 106 Days </div> <div>Entry 3427 - 3425</div> <div>Stoploss 3442.14</div> <div>Take Profit 3416 - 3410</div>	<div>SELL</div> <div>  SL10-SE25 37.77 -2.00% Expiry 27/Aug/25 Remaining 16 Days </div> <div>Entry 38.099 - 38.061</div> <div>Stoploss 38.32</div> <div>Take Profit 37.936 - 37.811</div>
<div>SELL</div> <div>  PLATINUM5-OC25 1,321.50 -1.35% Expiry 26/Sep/25 Remaining 46 Days </div> <div>Entry 1318 - 1316</div> <div>Stoploss 1325.35</div> <div>Take Profit 1308 - 1300</div>	<div>SELL</div> <div>  COPPER-SE25 4.4375 -0.76% Expiry 27/Aug/25 Remaining 16 Days </div> <div>Entry 4.4495 - 4.4433</div> <div>Stoploss 4.49</div> <div>Take Profit 4.4132 - 4.4021</div>	<div>BUY</div> <div>  ICOTTON-DE25 67.00 0.60% Expiry 19/Nov/25 Remaining 100 Days </div> <div>Entry 66.56 - 66.61</div> <div>Stoploss 66.37</div> <div>Take Profit 66.77 - 66.9</div>	<div>BUY</div> <div>  DJ-SE24 44,400 0.28% Expiry 18/Sep/25 Remaining 38 Days </div> <div>Entry 44410 - 44418</div> <div>Stoploss 44265.60</div> <div>Take Profit 44466 - 44493</div>
<div>BUY</div> <div>  SP500-SE24 6,426 0.19% Expiry 18/Sep/25 Remaining 38 Days </div> <div>Entry 6430 - 6432</div> <div>Stoploss 6407.42</div> <div>Take Profit 6449 - 6458</div>	<div>BUY</div> <div>  NSDQ100-SE24 23,753 0.16% Expiry 18/Sep/25 Remaining 38 Days </div> <div>Entry 23589 - 23631</div> <div>Stoploss 23482.64</div> <div>Take Profit 23706 - 23784</div>	<div>BUY</div> <div>  GOLDUSDJPY-SE25 147.90 0.12% Expiry 27/Aug/25 Remaining 16 Days </div> <div>Entry 147.72 - 147.77</div> <div>Stoploss 147.38</div> <div>Take Profit 147.88 - 148.03</div>	<div>SELL</div> <div>  GOLDEURUSD-SE25 1.1617 -0.20% Expiry 27/Aug/25 Remaining 16 Days </div> <div>Entry 1.1631 - 1.1628</div> <div>Stoploss 1.165</div> <div>Take Profit 1.1612 - 1.1591</div>

Major Headlines

Oil steady as markets focus on US-Russia talks
Oil prices were steady on Monday, after falling more than 4% last week, as investors looked ahead to talks between the U.S. and Russia later this week on the war in Ukraine. Brent crude futures were up 5 cents to \$66.64 a barrel at 1003 GMT, while U.S. West Texas Intermediate crude futures were down 1 cent to \$63.87. U.S. President Donald Trump said on Friday that he would meet Russian President Vladimir Putin on August 15 in Alaska to negotiate an end to the war in Ukraine. [see more...](#)

Gold Weakens Amid Improved Risk Appetite
Gold XAU/USD opened the week lower, slipping below 3,380 USD per troy ounce on Monday, as easing geopolitical tensions reduced demand for the metal as a safe-haven asset. On Friday, US President Donald Trump announced plans to meet Russian President Vladimir Putin in Alaska on 15 August to negotiate a ceasefire. A successful outcome could diminish the likelihood of further US sanctions against Moscow. Despite the decline, prices found some support from lingering trade risks and growing expectations of a Fed rate cut by year-end. [see more...](#)

Dow Jones, Nasdaq, S&P 500 weekly preview: CPI data to gauge
U.S. stocks rallied on Friday, driven by gains in the technology sector, capping the week with solid performance. The Nasdaq Composite rose 0.98% to a record 21,450.02, after touching a fresh intraday high earlier in the session. The S&P 500 gained 0.78% to finish at 6,389.45, just shy of an all-time closing high, while the Dow Jones Industrial Average added 206.97 points, or 0.47%, to 44,175.61. All three benchmarks ended the week higher. The Dow rose about 1.4%, the S&P 500 [see more...](#)
USD/JPY consolidates around 147.50, awaiting US CPI data
The US Dollar is trading within a tight range on both sides of the 147.50 level against the Japanese Yen on Monday, with traders wary of placing directional US Dollar bets ahead of Tuesday's US Consumer Prices Index report. Recent US employment data has prompted investors to ramp up bets of the Federal Reserve easing in September, and the market will be looking at Tuesday's consumer inflation figures to confirm those bets July's CPI, however, is expected to show that the impact of tariffs is starting to [see more...](#)

EUR/USD wavers without a clear direction, US CPI, Ukraine on
The EUR/USD has given away previous gains and is practically flat on the daily chart, with price action moving at 1.1640 ahead of the US Session opening. A mild appetite for risk prevails in a dozy start of the week, with US Consumer Prices Index (CPI) figures and the peace talks between US and Russia grabbing traders' attention. Hopes of a peace deal in Ukraine, ahead of a meeting between US President Donald Trump and his Russian counterpart Vladimir Putin, [see more...](#)
Forex Today: US Dollar retreats as focus shifts to inflation data
The US Dollar (USD) trades modestly lower against its major rivals at the beginning of the week. On Tuesday, July Consumer Price Index (CPI) data from the US will be scrutinized by investors. In the meantime, markets will keep a close eye on fresh headlines surrounding the US-China trade talks ahead of the August 12 deadline for a deal. The USD Index declines toward 98.00 after losing about 0.4% in the previous week. US President Donald Trump posted on Truth Social early Monday that he hopes China would quadruple [see more...](#)

Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
No events scheduled for today							

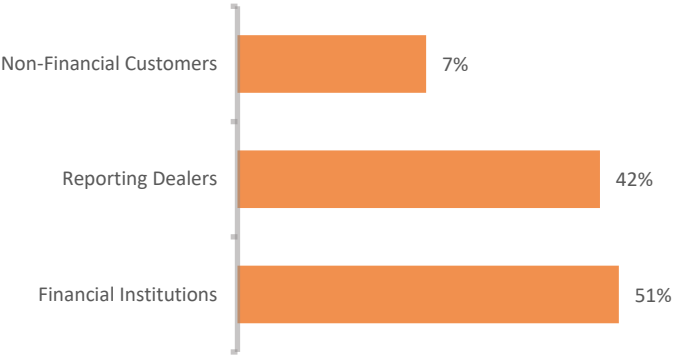
FOREX MARKETS' STATISTICS

Forex Market Hours



Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 282.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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