

PMEX UPDATE

BUY	
	CRUDE10-AP25
67.42	0.57%
Expiry	19/Mar/25
Remaining	9 Days
Entry	67.2 - 67.25
Stoploss	66.70
Take Profit	67.6 - 67.77

BUY	
	NGAS1K-AP25
4.6090	4.77%
Expiry	26/Mar/25
Remaining	16 Days
Entry	4.462 - 4.51
Stoploss	4.40
Take Profit	4.572 - 4.669

SELL	
	GO10Z-AP25
2,904.66	-0.32%
Expiry	27/Mar/25
Remaining	17 Days
Entry	2915 - 2914
Stoploss	2924.76
Take Profit	2903 - 2899

BUY	
	SL10-MY25
32.92	0.35%
Expiry	28/Apr/25
Remaining	49 Days
Entry	33.25 - 33.283
Stoploss	33.05
Take Profit	33.394 - 33.484

SELL	
	PLATINUM5-AP25
975.30	0.91%
Expiry	27/Mar/25
Remaining	17 Days
Entry	970 - 969
Stoploss	975.30
Take Profit	964 - 961

SELL	
	COPPER-MY25
4.6815	-0.61%
Expiry	28/Apr/25
Remaining	49 Days
Entry	4.6512 - 4.6469
Stoploss	4.68
Take Profit	4.6123 - 4.5895

BUY	
	ICOTTON-MY25
66.90	1.26%
Expiry	22/Apr/25
Remaining	43 Days
Entry	66.71 - 66.81
Stoploss	66.52
Take Profit	67.24 - 67.34

SELL	
	DJ-MA24
42,468	-0.86%
Expiry	20/Mar/25
Remaining	10 Days
Entry	42559 - 42511
Stoploss	42692.63
Take Profit	42400 - 42301

SELL	
	SP500-MA24
5,720	-0.97%
Expiry	20/Mar/25
Remaining	10 Days
Entry	5755 - 5745
Stoploss	5773.38
Take Profit	5721 - 5703

SELL	
	NSDQ100-MA24
20,007	-1.10%
Expiry	20/Mar/25
Remaining	10 Days
Entry	20175 - 20113
Stoploss	20258.08
Take Profit	19988 - 19836

SELL	
	GOLDUSDJPY-AP25
147.01	-0.69%
Expiry	27/Mar/25
Remaining	17 Days
Entry	147.25 - 147.16
Stoploss	147.58
Take Profit	147.05 - 146.95

BUY	
	GOLDEURUSD-AP25
1.0850	0.17%
Expiry	27/Mar/25
Remaining	17 Days
Entry	1.0874 - 1.0877
Stoploss	1.09
Take Profit	1.0901 - 1.0915

Major Headlines

Oil steady as tariff uncertainty keeps investors on edge **Dow Jones, Nasdaq, S&P 500 weekly preview: Tariff risks** **EUR/USD trades higher as Trump policies weigh on economics**

Oil prices held steady on Monday as concern over the impact of U.S. import tariffs on global economic growth and fuel demand, as well as rising output from OPEC+ producers, cooled investor appetite for riskier assets. Brent crude was down 11 cents at \$70.25 a barrel by 0856 GMT. U.S. West Texas Intermediate crude was at \$66.87, down 17 cents on the day. Last week marked WTI's seventh consecutive [see more...](#)

The S&P 500 rebounded on Friday, but it still closed out its worst week in months as investors reacted to a series of trade policy developments. The index gained 0.55% to finish at 5,770.20, while the Nasdaq Composite advanced 0.7% to 18,196.22. The Dow Jones Industrial Average rose 222.64 points, or 0.52%, to 42,801.72. Markets saw choppy trading throughout the session, [see more...](#)

EUR/USD trades firmly around 1.0850 after recovering early losses in Monday's European session. The major currency pair strengthens as the US Dollar (USD) struggles to gain ground after last week's sharp drop. The US Dollar Index (DXY), which tracks the Greenback's value against six major currencies, trades vulnerable near a fresh four-month low of 103.50. President Donald Trump's 'America first' policies [see more...](#)

Gold looking for direction with Trump avoiding recession

Japanese Yen bulls retain control amid bets for more BoJ rate

Forex Today: Markets remain focused on tariff headlines

Gold's price (XAU/USD) enters a very tight range on Monday near the \$2,900 level at the start of the week. Traders are mulling over comments from United States (US) President Donald Trump after an interview on Fox News over the weekend. When asked about the US economy, President Trump said that the economy is in a 'transition' phase, while markets [see more...](#)

The Japanese Yen (JPY) sticks to its positive bias against a broadly weaker US Dollar (USD) through the early European session on Monday amid hawkish Bank of Japan (BoJ) expectations. Traders seem convinced that the BoJ will hike interest rates again and the bets were reaffirmed by data released earlier today, which showed that real cash earnings fell 1.8% on the back of persistent inflation. [see more...](#)

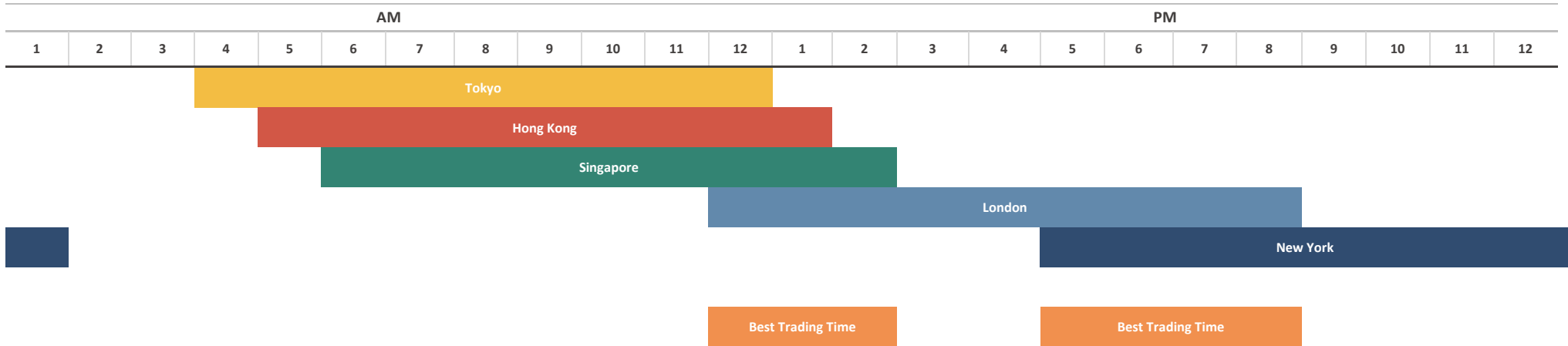
The US Dollar (USD) Index fell more than 3% last week and registered its largest one-week loss since November 2022. The economic calendar will not feature any high-impact data releases on Monday, allowing investors to remain focused on geopolitics and headlines surrounding US President Donald Trump's trade policies. The USD suffered large losses against its major rivals to begin the month of March [see more...](#)

Economic Calendar

Event	Dates	Time	Currency	Importance	Actual	Forecast	Previous
JOLTS Job Openings (Jan)	11-Mar-25	7:00 PM	USD	High volatility		7.710M	7.600M

FOREX MARKETS' STATISTICS

Forex Market Hours

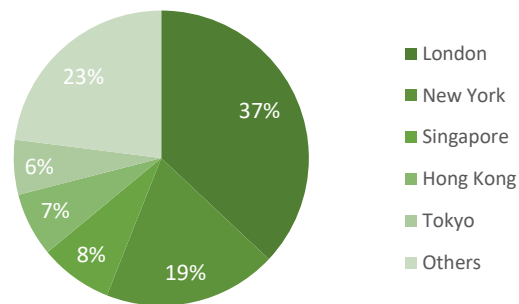


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

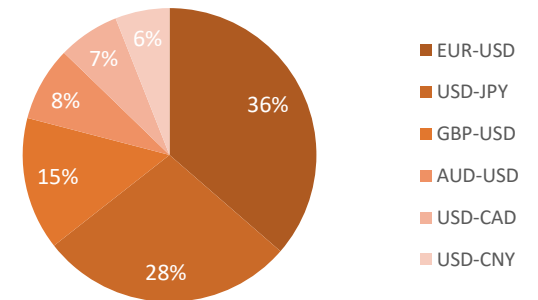
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 278.75
- JPY/PKR: 1.77

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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